



TCCII Presents

Applied Qigong for Holistic Healing Certification Program

Five Elements for Balance and Harmony: Foundations of Sustainable Holistic Healing

**Professional Certification Training
6 Continuing Education Credits**

**Saturday March 27, 2010
Washington DC
No Previous Experience Required**

Learn how to apply Qigong in personal self-care and in holistic practice using the Five Elements and self-healing techniques. This course integrates classical Chinese meditation and movements to replenish and balance physical and spiritual energy.

Purpose: This course teaches the participants how to connect with nature for replenishing and balancing the physical and spiritual energy, and how to access the healing source by establishing unity and harmony. The combination of Qigong meditation, movements and healing sounds will build a solid foundation for holistic health professionals, and help them to stay balanced and strong in their practice.

Course Objectives: upon completion, the participant will be able to

1. Describe the basic concepts of Traditional Chinese Medicine (TCM) and the basic Five Elements Principle and its application
2. Demonstrate eight Qigong movements called the “Eight Pieces of Brocades of Silk”
3. Demonstrate the ancient Taoist healing sounds, used to detoxify and replenish the energy of the five major organs
4. Discuss application of the “Five Elements” Chinese Meditation in personal life and holistic practice
5. Demonstrate selective self-healing techniques, including acupressure
6. Discuss the ways and means of bringing the benefits of Qigong to the wider holistic nursing community and beyond



The following criteria will be used to determine successful completion of this educational activity:

1. In a group setting, demonstrate beginning skill level of the eight Qigong movements, the Taoist healing sounds, and the selected self-healing techniques
2. The ability to discuss the basic concepts of Traditional Chinese Medicine) and the basic Five Elements Principle
3. The ability to discuss the application of the principles and practices of Qigong in personal self-care and in holistic practice.
4. Completion of a Personal Learning Note

Registration

When

Saturday March 27, 2010
9:00 AM to 5:00 PM

Where

Crossings

8505 Fenton Street, Suite 202
Silver Spring, MD 20910
301-565-4924

Located in Downtown Silver Spring, near Silver Spring Metro stop on the Red Line.
Street Parking available and Public Parking nearby.

Tuition

Tuition: \$155

Optional Course Material: \$50

Discounts available if you register for the full 36 hour program

See www.tccii.com for details

Disclosures and Disclaimers

This CE activity has not received any sponsorship or commercial support.

The Presenters and Planners of this CE activity declared no financial relationships related to this Continuing Education Credit activity

This continuing nursing education activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA.

Approved through February 23, 2012

Approval for contact hours through the AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific product or modality in the care of clients.

Traditional Chinese Culture Institute International LLC

USA-China

www.tccii.com

Washington, DC - Beijing

TCCII Five Elements for Balance and Harmony 2010

Personal Information

Last Name _____ **First Name** _____ **MI** _____
Credentials _____ **Sex** M F
Mailing Address _____ **E-mail** _____
_____ **Phone No ()** _____
Emergency Contact _____ **Phone No ()** _____

Registration

Five Elements for Balance and Harmony

March 27, 2010 (Saturday 9am - 5pm)

Optional Course Materials

This course is part of the:

Applied Qigong for Holistic Healing Certification Series

For details visit: www.tccii.com

Tuition and Fees (\$US)*

\$155 (6 contact hours) _____ \$

\$50 (Single Class) _____ \$

_____ \$

_____ \$

_____ \$

Total (\$US)

Mail to: Traditional Chinese Culture Institute

PO Box 1723, Hyattsville, MD 20788

Make Checks Payable to TCCII.

Check or Money Order only! Do NOT send cash by Mail

Consent to Terms and Conditions:

By registering for the seminar(s) you agree to TCCII Terms and Conditions including but not limited to:

a) Refund and Cancellation Policy; b) Waiver and Release of Liability; c) Emergency Medical Release; & d) Photographic and Video Release

* Includes \$40 Non-refundable registration fee. Cash or money order at the door. ** Manuals and DVDs not included

Refunds: 70% refund 60 days prior to the seminar; 50% refund 45 days prior to the seminar and NO refund 30 days prior to the seminar.

By signing below you indicate that you are over 18 years of age and qualified to sign this agreement and that you agree to TCCII's Terms and Conditions. This registration shall not be valid unless and until accepted and approved by TCCII.

Participant's Signature: _____ **Date:** _____

For TCCII Use Only

Received: \$ _____ Check No.: _____ Cash: _____ Date: _____ Signed by _____

Traditional Chinese Culture Institute International LLC

PO Box 1723 . Hyattsville, MD 20788 . USA . T: 301.785.7505 . W: tccii.com

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